

Grade 7

Leading Others

Objectives: Session 1

- Investigate ways in which peers can influence self-image, such as through fashion and social activities.
- Explore personal interests, values, and skills.
- Examine effects of positive or negative self-image on relationships with others.

Objectives: Session 2

- Identify influences on one's own ideas and behaviors, such as family, friends, and media.
- Identify one's own attitudes and biases toward others, such as admiration or jealousy.

Objectives: Session 3

- Consider the effects of gender, ethnicity, customs, and traditions on the interests, values, styles, and behaviors of others.
- Recognize contributions of people from different backgrounds and experiences.
- Create strategies to integrate new members into a group.

Objectives: Session 4

- Identify and discuss effective leadership qualities, such as setting of limits, tolerance, self-reliance, initiative, charisma, and competence (in addition to honesty, care for others, civility, fairness, responsibility, courage, and reliability).
- Analyze the effectiveness of leaders according to the traits they demonstrate.

ECONOMIC COMMON SENSE

Objectives: Session 1

Country's Need and Want

- Identify country's need and want.

Objectives: Session 2

How does a country fulfill its need and want?

- Demonstrate how countries depend on each other for its need and want.

Objectives: Session 3

International Trade

- Demonstrate barter and direct trade at country level.

Objectives: Session 4

Currency Check

- Recall currency.
- Demonstrate how to change currency before travelling to another country.

TEAMWORK

Objectives: Session 1

- To acknowledge gestures of caring
- To identify and acknowledge the people whom one care for and who care for you
- To examine the attributes of caring individual
- To evaluate oneself as a caring individual

- To appraise the caring individual around

Objectives: Session 2

- To understand the importance of individuality and accepting others for who they are
- To enable the child to understand empathy

ENVIRONMENT and SUSTAINABILITY

Objectives: Session 1

Global Climate change and life cycle analysis

- Explore and learn about the hazards of global climate change
- Analyze the life cycle of a product from its manufacture to its disposal

Objectives: Session 2

Eco friendly Sustainable living

- Define carrying capacity of earth
- Identify the need to control human population growth
- Implementing new techniques of eco-friendly agriculture like
- Vegetable seed preservation
- Implementing genetic engineering

SMART CONSUMER LITERACY

Objectives: Session 1

- Knowing where to seek help, information, and advice
- Understanding how most companies market and sell their products and services

Objectives: Session 2

- Being aware of consumer rights
- Making responsible and informed choices and purchase decisions

ETHICS & VALUES

Objectives: Session 1

- Revisiting Ethics
- Understanding ethics and their impact on our lives
- Identifying how our attitudes towards others can create or destroy our image

Objectives: Session 2

- To develop key decision making skills
- To identify the difference between what seems right and what is ethically justified.
- To discuss and share personal experiences and feelings

Objectives: Session 3

- To understand that our actions affect people around us
- To help devise measures to take ethical decisions
- To discuss and share personal experiences and feelings
- How to deal with the pressure of decision making times
- Introduction to professional ethics

Objectives: Session 4

- To understand how to use ethics in day to day life
- To identify good and bad actions in society
- To discuss and share experience of application of ethics

EFFECTIVE COMMUNICATION

Objectives: Session 1

- Introduction to Communication Skills
 - It is Transactional
 - It is a Process
 - It is sharing MEANING with others
- Why Communication Skills is important
- Knowing different channels of communication

Objectives: Session 2

- Knowing the characteristics of Good Communication Skills
- Knowing the characteristics of Bad Communication
- Understanding the barriers of Effective Communication

Objectives: Session 3

- Benefits of Good Communication
 - Improved Confidence
 - Improved relationships
 - Less stress
 - Greater acceptance by other
- Disadvantages of Bad Communication

Objectives: Session 4

- To help them identify their own communication pattern and assess how it adds or obstructs their communication
- To help students understand the importance of non-verbal communication and how misunderstanding develops if the communication is not proper
- Responding promptly or expressing feeling verbally or non-verbally to parents in positive and assertive way.
- To create awareness regarding various forms of communication

Empathy & Compassion

Objectives: Session 1

- Understanding the qualities of empathic listening.
- Demonstrating empathic listening.
- Linking empathy with compassion.

Objectives: Session 2

- Introspect and understand what they already know about dealing with incidents of name-calling in school. (teasing peers)
- To find out what students still want to know about how to deal with name-calling in school.

Decision Making

Objectives: Session 1

- Use process of decision making with sequential steps to arrive at a decision.
 - Analyze the situation: Stop, Think and Act
 - Look for the choice
 - Decide
 - Evaluate your decision
- Identify the positive or negative consequences of each decision taken.

Objectives: Session 2

- Identifying three types of decision making.
 - No decision
 - Quick Decision without any consideration of result
 - Responsible Decision

- Relating responsible decision making with effective career and life planning.
- Outlining the Decision Making process.(what points need to be considered while making any decision)

Objectives: Session 3

- Defining advantages and disadvantages with snap decisions.
- Understanding why snap decisions are more common than responsible decisions.
- Relating personal needs, interests, and skills to the process of making decisions.